THE Lions' Pride
OF SAINT LEO UNIVERSITY

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SERVE program expands in 2008

BY KATIE GAISER
Lions' Pride Layout Editor

The SERVE program is steadily growing in 2008, with additional participants and mission trip options for Saint Leo's own alternative spring break program.

Alternative spring break options have been around since the program was founded in 1999 by Saint Leo's University Ministry. In 2002, Father Michael Cooper started taking students to Cape Haitien, Haiti when he was assisstant to president for University Ministry.

"Since we do volunteer work through the Samaritans in the local community all during the year, I wanted an international experience as an "Alternative Spring Break Trip" to the more fun and play options of most spring breakers," Cooper stated.

Cooper and students returned to Cap Haitien until 2004. They did work with a local orphanage as well as the Boy Scouts and Girl Scouts. However, because Haiti was in a time of turmoil, Cooper started taking students to the Dominican Republic. Sister Caroline Cerveny began taking students to Mexico in 2005.

However, when hurricane Katrina hit in late 2005, students decided to organize a trip to New Orleans to help with hurricane relief. The trip turned out to be such a big success that Dr. Arthur Kirk, Jr., president of Saint Leo, recognized and approved of the idea of student organized trips. Therefore, in April of 2006, the SERVE program was born.

Senior Stephen Kubasek, current student co-chair of the SERVE committee, was one of the first to plan this student organized mission trip to New Orleans.

"When Katrina hit my sophomore year, we wanted to do something to help," he said. "So we organized a trip to New Orleans, and Dr. Kirk was impressed. We sat down; we put together an official SERVE committee."

Photograph provided by Sarah Shirina
Students work to clean up a damaged house in the heart of New Orleans during 2007 SERVE mission trip.

The current staff co-chair of the SERVE committee is women's volleyball coach, Samuel Cibrone.

Last year, the SERVE program added two new trips to Honduras and the Florida Keys, three out of five were student run, and grew to a group of 46 participants. For this upcoming 2008 spring break, SERVE has added two additional trips to Atlanta and New Jersey with a total of 94 participants. Six out of these seven trips were fully student organized.

Officially, students, faculty, and staff will be traveling to locations including New Jersey, Atlanta, New Orleans, the Keys, Honduras, Mexico, and the Dominican Republic. In New Jersey, participants will be working with the poor and homeless by supporting a local church and food bank. In Atlanta, participants will be visiting with and tutoring underprivileged youth and teens. Participants traveling to New Orleans will be working with Habitat for Humanity for hurricane Katrina relief. In the Keys, participants will be working with the Boy Scouts of America and the Florida Nature Conservancy. Those traveling to Mexico will be working with the Community Links/ Enlaces Comunitarious in the Mexican Puebla province. In the Dominican Republic, participants will be working with local elementary schools and planting trees. Finally, participants going to Honduras will be working with a local chapter of the Red Cross.

This year, all participants will be required to purchase personal trip insurance. This is due to the fact that last year there were two serious and a few minor injuries to the students on the New Orleans mission trip. The insurance covers all medical expenses in case anyone gets injured this year. Kubasek said it's a good idea to take the extra precaution.

"With the injuries last year and the program expanding more and more, it's wise for students to start purchasing their own insurance," he said. "We sat down with the University lawyer and took about

SERVE CON'T PAGE 4

Northern Illinois State University shooting leaves six dead

BY KRISTIN BRITTAIN
Lions' Pride Editor in Chief

On Thursday, February 14, six students were killed during a school shooting at Northern Illinois University.

Around 3 p.m. shortly before geology class was to be let out of Cole Hall, 27-year-old Stephen Kazmierczak, emerged from behind a screen and shot at the 200-seat lecture hall. There were 162 students registered for the class, but the number of students in attendance on Thursday is unknown. Four people died at the scene, including three students and the gunman. The other victims died at the hospital and 16 others were injured.

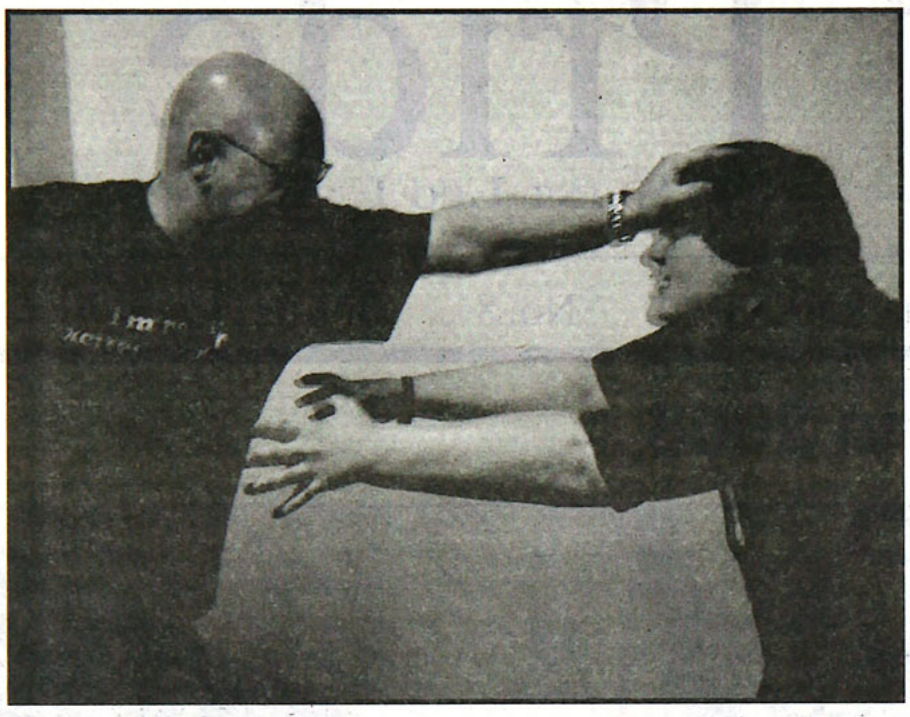
Kazmierczk was a graduate student studying social work since the spring of 2007 at the Northern Illinois University Urbana-Champaign campus, and he graduated with an undergrad degree from Northern Illinois University in 2006. There was no suicide note found, and the motives behind the killings are still unknown. People who know him are completely shocked by his actions. Kazmierczk had a very good academic record, no history of criminal activity, and even worked at one time as a full-time corrections officer.

Kazmierczk was armed with three hand guns and one pump-action shot gun, which he snuck into the school inside a guitar case. All four guns were bought legally from a federally licensed firearms dealer. In fact, he had a State Police issued firearms owner identification card (FOID). On February 9, Kazmierczk bought the Remington shotgun and a Glock 9mm handgun. The other two weapons used, a Hi Point .380, was bought on December 30, and a Sig Sauer, was purchased on August 6. All four guns were bought from the same shop.

It has been reported by the Associated Press that Kazmierczk was treated for an unidentified mental illness after highschool at a Chicago psychiatric treatment center, and he recently went off medication. Kazmierczk spent over a year in Thresholds-Mary Hill House in the 1990's. To receive a FOID, there is a 30 day application process, and the application asks questions about mental illnesses, and hospitalizations, as well as having a background check performed. It is unknown at this time when Kazmierczk applied for the FOID, but such cards are rarely issued to people with recent histories of mental health problems.

Witnesses say the gunman was dressed in black and wore a stocking cap. He fired off more then 50 shots before taking his own life. The investigation of Kazmierczk's motives is still underway. This is the fourth shooting at a U.S. school within a week.

Opinions



There's no such thing as a free lumpectomy

BY JOSHUA M. SMITH
Lions' Pride Online Editor

Last year, a Canadian woman named Belinda Stronach faced a diagnosis of breast cancer. A subsequent surgery was successful in treating her, and she is now cancer free. Makes sense, when you think about how great the Canadian healthcare system is compared to ours, right? The thing is, she decided to forgo the Canadian socialized healthcare system and instead had the surgery performed at a hospital in California. Why would she do this?

Possibly because patients in Canada's vaunted socialized healthcare system have a typical wait time between diagnosis and surgery of more than 18 weeks. The average wait to get a magnetic resonance imaging (MRI) test done is more than 10 weeks.

Oh, and Ms. Stronach is a member of the Canadian parliament with enough money to fly to America for her healthcare.

I say good for her. I think all Canadians ought to exercise their right to choose when and where to get their healthcare. The problem is, choice in healthcare is against the law in Canada, so people without enough money to travel to the United States are our of luck Under Canada's socialized healthcare system, it is illegal to operate a private clinic; only government clinics are allowed. Don't have money to come to the U.S.? Tough.

This is the system of healthcare many politicians (mostly Democrats) want to bring to America, healthcare that is "free." Free as in you can go to the doctor whenever you want, and the government will pay for you.

The problem with that idea in America, though, is that "we, the people," *are* the government. The healthcare isn't free; someone is paying for it. Who? The taxpayer.

Many are fine with that, especially those who don't pay federal taxes to begin with. I wonder, though, if they would be as fine with it if they knew what the real cost of "free" healthcare really was.

In Great Britain, where the government now tells doctors how much they can charge for a procedure, many are getting out of the profession altogether. The shortage of dentists has caused lines around corners of people just waiting to be seen. Some folks have taken to solving their dental problems themselves with a pair of pliers and a bottle of vodka. I'm not kidding.

Again, that's what many want to bring here.

Why does socialized medicine fail? For the exact reason Ms. Stronach came here for treatment: the lack of choice. In a free market, patients are free to shop for the best quality products and services for the best price. If there is an award winning cancer treatment center in another state, you can choose to go there rather than your local one. This system rewards quality care with more business while encouraging other clinics to improve.

When competition and choice are gone, quality goes with it. As the presidential campaigns continue, it would behoove us all to listen to the plans being put forth with a keen ear, because, as noted libertarian P.J. O'Rourke once said, "If you think health care is expensive now, wait until you see what it costs when it's free."

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"Gun free zones" are STILL not working

BY JOSHUA M. SMITH
Lions' Pride Online Editor

Have you seen enough innocent students being killed by armed gunmen on the news yet? I know I have. In this time of madness and sorrow, we're being told by the same people to do the same things to quell the senseless killing: keep guns off campus.

News Flash: It's not working.

How many more have to die before we start allowing students their Constitutional right protect themselves? How long are we going to allow "gun control" to leave us defenseless targets of unspeakable violence? How long until we demand an end to the "gun free zone" policies on university and college campuses?

"Gun free zones" do nothing to deter gun violence and everything to promote it. A "gun free zone" is a crystal clear signal to a would-be killer that he needn't worry about anyone fighting back. He can proceed knowing full well that every other person in the lecture hall is defenseless, and he holds all the power.

And, that's why these attacks are happening: power. Who lacks it? The Dylan Klebolds and Seung-Hui Chos of the world. How can they be guaranteed to gain the power they seek? Enter a "gun free zone" with a gun. This is not rocket science.

This isn't even a matter of having student's fight back when a gunman enters a classroom. This is about making the gunman think twice before he even leaves his house. It's about making him think twice before he even buys a gun.

It's about prevention. We are told "an ounce of prevention is worth a pound of cure." In the case of campus shootings, that's the understatement of the year.

Police cannot protect us. Campus security guards across America are by and large unarmed. Traditional first responders cannot physically arrive until the shooting is over, and by then it's too late.

Last December, a gunman entered a Colorado church and began opening fire. He killed two people. But, he might have

GUN FREE CON'T PAGE 4

Free Healthcare! Get it while it's NOT!

BY KATIE GAISER
Lions' Pride Layout Editor

It's unaffordable, it's unreliable, it's inconsistent, it's American healthcare! Yes, I said it, and I'm sure their many opinions just waiting to hit my ears.

But before I come off as a socialist tree-hugger, I'd like to assure those who are in favor of our current healthcare system that I am actually impressed by such a position. After spending some much needed time researching an idea known as universal healthcare, it has come to my attention that there are many notable arguments against the proposal of this system. Unfortunately, while most debaters are busy spewing their endless lists of reasons why universal healthcare would supposedly "corrupt" America, insurance rates are continuously rising, doctors are turning severely ill people away, and more and more Americans are dying from cancer and other terrible diseases because of the lack of affordability.

Universal healthcare, although a seemingly utopian idea, could tremendously benefit American health. In fact, our friendly neighbor to the north, Canada, currently operates a single payer system that allows all Canadian citizens free healthcare for life. And the results are in. According to Canadian-health.org, Canada currently has one of the highest life expectancies (about 80 years) and the lowest infant mortality rates of all industrialized countries. However, America has a life expectancy of only about 77.9 years, which according to the Center for Disease Control and Prevention (CDC), is a record high. Yet, our so-called "record high" is still two years shy of just one of the 41 countries that rank higher than America on this chart.

Although, that number isn't too shocking considering over 45 million Americans are currently without any form of healthcare. Even those with insurance are struggling. According to a 2007 Consumer Report article, 29 percent of Americans who have health insurance still often put off medical care because of rising costs. This is because most of these people with insurance can't even afford to pay expensive co-pays, deductibles, and prescriptions. And medical expenses aren't getting any cheaper. According to a study done by Harvard Researchers, 50 percent of all bankruptcies filed in the United States in 2005 were a direct result of inability to pay medical expenses. Furthermore, 75 percent of these bankruptcies were filed by citizens who were in fact insured *before* they became ill.

So, the question remains. Could a shot at universal healthcare really damage America all that much? Just look at the statistics. Is there really much more the government can do to its citizens? We are the only industrialized nation in the

HEALTHCARE CON'T PAGE 4

Write here

The Lions' Pride newsroom is located in room 106 in the Student Community Center. Our phone number is (352) 588-8316. Send letters to the editor to lions.pride@saintleo.edu. Letters to the editor must be submitted with student's name, year, and major. Faculty and staff members must include rank and department. Please include a phone number (not a publication) so we can verify authorship. All letters are subject to editing. *The Lions' Pride* reserves the right not to publish any letter or column.

But what about those buildings?

BY SIMONE WILLIAMS
Lions' Pride Assistant Editor

With all the construction going on, Saint Leo University has seen some major changes. There are two new buildings on campus, a clock tower, a round-about , and parking has gone through a major overhaul. While that's all nice and well, what will happen to the other buildings on campus? Namely, deChantal Hall and the empty building behind Marmion and Snyder Hall.

deChantal Hall has always been offices. There were conference rooms, the mail room, the Health Center, Career Services, and many others. Even now with the Mail Room moved to where the Snack Shack used to be, deChantal is still an office oriented building.

According to the Vice President of Business Affairs, Frank Mezzanini, deChantal is going to stay that way. Faculty members are having their offices moved into deChantal, and the Health Center has expanded to include a waiting room. But, that's about it. The real mystery lies in the building behind the freshmen dorms.

Not many students know what the building behind Marmion and Snyder is used for. According to Mezzanini, that building is called Marmion Dining Hall.

Years ago, Marmion and Snyder Hall had their own dining hall. While there were many benefits to having a dining hall so close, the downsides outweighed them. The biggest reason was because having the freshmen separated from everyone went against one of Saint Leo's core values, community.

"They didn't bond well with the other classes," said Mezzanini.

And so, Marmion Dining Hall was shut down and the freshmen ate in the MacDonald Center with everyone else. Marmion Dining Hall became the bookstore for a while, until the community center and new dining hall was built.

Now, Marmion Dining Hall is empty. It has various recreational uses, such as for the SLU TV launch party and the production of Children of Eden.

"At the moment, we have no real plans for Marmion Dining," said Mezzanini. "We're pursuing some ideas, but nothing is definitive as of yet."

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Life saving awareness

BY ELIZABETH D'ONOFRIO
Lions' Pride Staff Writer

There are many people in the world who have to deal with the pain of an eating disorder on a daily basis. February 24-March 1, 2008 is National Eating Disorder Awareness Week (NEDAW). The theme for this year is "Be comfortable in your genes." It is a week that is designed to help people to feel comfortable with their body no matter what size they are. The key is to promote a positive body image.

NEDAW began in 1987 to help support those who have eating disorders as well as to raise awareness for those who might be at risk of developing one. According to the National Eating Disorder Association, each year the awareness week reaches thousands of people who are struggling with eating disorders and their loved ones. Through the efforts of this week, many people receive help and hope.

College campuses are one place where eating disorders often begin. The first years of college can be a very difficult time because of the stress of school coupled with being away from home for the first time.

The best advice for someone who is struggling is to go see a school counselor. Eating disorders can cause people to feel very alone and isolated. It may not be evident, but there are others who are experiencing the same thing. It is important to know there is help. Talking to someone who is trustworthy is a very good idea. It can be beneficial to talk.

The important thing to remember about eating disorders is that they are an illness. Those suffering from an eating disorder do not choose to be this way. It is necessary to recognize the signs of an eating disorder because they can be deadly. The two most common eating disorders are Anorexia Nervosa and Bulimia. There are many other eating disorders, but the two listed above are the most common.

On the chart are just a few of the many signs that can accompany an eating disorder. If anyone is aware of someone who is struggling with an eating disorder, it is important to provide help and support. Having friends and family to confide in during this difficult time is crucial. With the proper help, it is possible to overcome eating disorders. There is hope.

A few of the signs of Anorexia/Bulimia can include:

Anorexia

* Intense fear of being fat or gaining weight
* Excessive exercise
* Dramatic weight loss in a very short period of time
* Visible food restriction and self-starvation
* Obsession with food and calories

Bulimia

* Self worth determined by weight
* Laxative, diet pill or diuretic abuse
* Bathroom visits after eating
* Secretive eating
* Vomiting

Alcohol class costs students more than their time

BY CAITLIN CRAFT
Lions' Pride Sports Editor

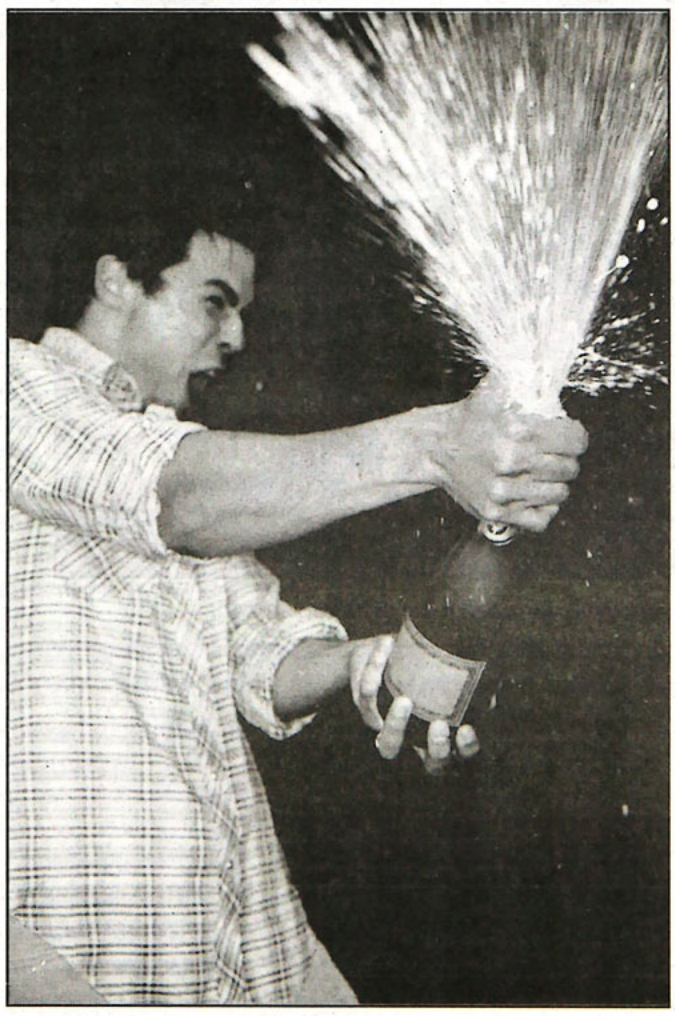
Residents should be aware of what Residence Life has decided to do with offenders of the alcohol policy on campus. It's not just the points students should be afraid of anymore; now students should be concerned with their wallets being $50 lighter and about three hours of their time stuck in front of a computer for an alcohol awareness class.

There was a class last semester as well; however, things have changed. Last semester Trisha Thibodeau of counseling services taught the class to a group of offenders, but it was difficult to schedule an appropriate time for the class. Now, Jennifer Mitchin, assistant director of Residence Life, and K'Charis Drewery, also assistant director, have devised a new way of making students realize the error of their ways.

The class is called "Under the Influence," and it is run through a service, which is where the $50 comes in. The content of the class is similar to that of the alcohol class that must be completed in order to obtain a driver's permit. The course is timed and takes 3 hours. Students will receive a certificate of completion.

In addition to completing the course online, which the school benefits no profit from, the students are also required to write a two-page reflection paper on what they have learned from this experience.

"We have only had about three students complete the class, so far one paper has been turned in, and I was mildly impressed with what the student thought about the situation," said Mitchin.



Of course all of these decisions, points, the class, and so on, depend on the situation the student was caught in. Residence Life hopes that students would consider drinking in an appropriate manner, if permitted, rather than spending $50 on the class.

"There are many students that think we are against drinking, but our goal is to simply make sure that students are drinking in an appropriate manner, as opposed to having a beer pong tournament, which, as with a lot of drinking games, the only goal is to get drunk," said Drewery.

In addition to Residence Life's concerns for responsible drinking, a new policy was put into power this year. Drinking games are not permitted, regardless of legal age limit.

"This policy did not lessen such offenses. We have actually caught students with blankets covering the floor in order to minimize noise, but the resident assistants know what to listen for. Noise is essentially what gets students caught, not the RAs," said Mitchin.

Residence Life is not trying to black out students college experience; they are simply trying to prevent student black outs.

Black history merits more than a month

BY AMANDA CAIN
Lions' Pride Staff Writer

Since its inception in 1976, Black History Month has become a noteworthy part of our country's foundation, and February marks the celebration's commencement.

Black History Month is a federally recognized, nationwide celebration of the significant roles African Americans have played in the creation and tradition of U.S. history. Black History Month, originally referred to as Negro History Week, was founded by Dr. Carter G. Woodson, according to CNN. The son of former slaves, Woodson became disturbed by the lack of information about African American heritage found in educational textbooks. According to CNN, almost single-handedly, Woodson took on the challenge of writing black Americans into the nation's history. In his quest, he established the Association for the Study of Negro Life and History. He also instituted a widely respected and read publication called the Journal of Negro History. In 1926, Woodson began the annual celebration called Negro History Week. In 1976, the week-long remembrance expanded into Black History Month. The original week was celebrated in February to commemorate the birthdays of Frederick Douglass and Abraham Lincoln, two men who were highly influential in the black American population (CNN).

Photograph courtesy of www.lib.fit.edu
Dr. Woodson, founder of Black History month.

It is important for people to take every available opportunity to reflect on what has been given to scociety by people of all races so as not to take for granted why this country is what it is today and how it got that way.

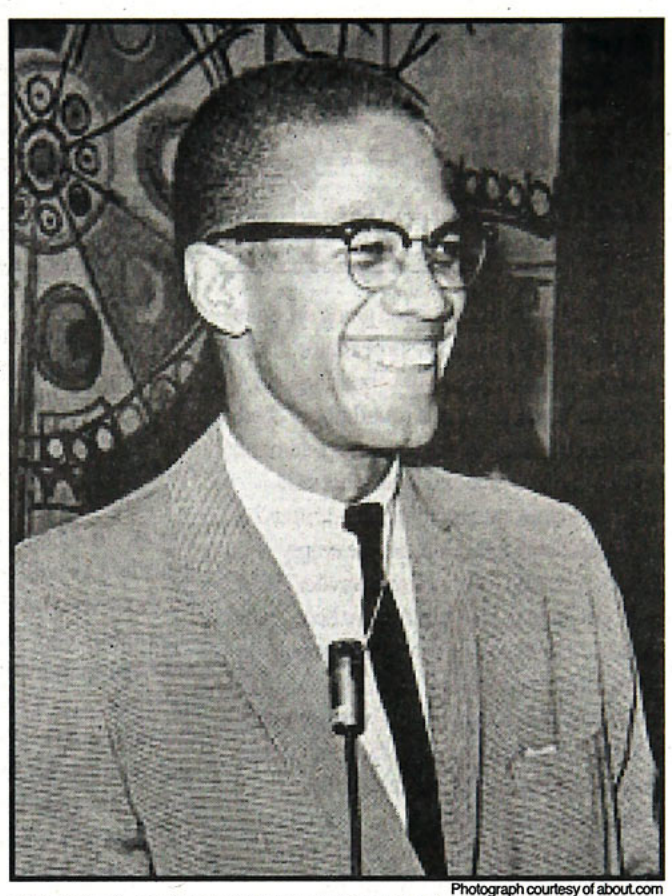
"Black History Month has become an integral part of our nation's history, and it is essential that students at Saint Leo recognize its significance so that the respect for our history continues throughout the generations," reflects senior Cassie Millhouse.

There are countless ideas and innovations black inventors have made to the comfort and advancement of mankind. These contributions cover everything from food processing to electrical technology. According to Enchanted Learning, Dr. Charles Richard Drew created what is now known as the blood bank. George Washington Carver created peanut butter, while George Crum invented the potato chip. The gas mask was invented by Garrett Morgan in 1914; soon after he also became the first to patent the traffic signal. Lewis Howard Latimer, the only black member of Thomas A. Edison's research team, was a pioneer in the invention of the electric light bulb.

Black Americans have worked extremely hard throughout history to earn their way into considerable government positions. According to Enchanted Learning, the first black elected governor was L. Douglas Wilder in Virginia; he held the position from 1990 to 1994. The first black U.S. Senator was Hiran Revels from Mississippi, who served from February 25, 1870 to March 4, 1871. Robert C. Weaver was the first black U.S. Cabinet member in 1966 and General Colin Powell became the first black U.S. Secretary of State in 2001, serving until 2004. Condoleezza Rice found her place in history as the first black female U.S. Secretary of State in 2005.

Many African Americans also have laudable places in the military. Georgia-born Eugene Jacques Bullard was the first black combat pilot in 1917. The first black Congressional Medal of Honor winner was Sgt. William H. Carney, who won the award for bravery during the Civil War in 1900. Benjamin O. Davis became the first General in 1940 according to Enchanted Learning.

African Americans have certainly left their prints in the sports world as well. Jackie Robinson was the first black Major League baseball player, beginning his career in 1947 with the Brooklyn Dodgers; he was also the first black player to be inducted into the Hall of Fame (Black History Month). In 1953, Willie Thrower became the first black National Football League (NFL) quarterback and Althea Gibson was the first African American to play and win Wimbledon in 1957.



Photograph courtesy of about.com
Malcom X, a big contributor in the fight for civil rights.

"African Americans have given our country a great deal in terms of service and innovation; many people don't know or think about how those gifts affect their everyday lives. Black History Month is the perfect time to put all of these contributions into perspective," said senior Tonya Jackson.

With all that Black History Month represents, it is important for students at Saint Leo to take the time to learn something about the African American heritage and tradition in order to give proper significance to this time in our country's history.

HEALTH CONT'D FROM PAGE 2

world that does not guarantee access to healthcare as a right of citizenship. And furthermore, America is the richest nation in the world, and one of the top in advanced technology. Yet, we can't even live longer than Canadians. Universal healthcare could save us. It would not only keep citizens alive and healthy longer, but also help the government save more by lowering administrative costs our current system requires.

Perhaps instead of spending countless hours arguing over this issue, we could put every difference aside and realize we are all in fact Americans and human beings and deserve the chance to live a long, healthy life. Maybe one day those against universal healthcare will realize this and give it a chance. Until then, don't leave the house without a coat and keep fighting the good fight. I know I will be.

GUN FREE CON'T' FROM PAGE 2

killed more had not a member of the church, a woman named Jeanne Assam, been armed that day. She shot and killed the attacker before more innocent people could become victims.

That's the kind of "first responder" we need on America's university and college campuses.

There is absolutely no reason why law-abiding citizens of this country should not be allowed to exercise their Second Amendment rights while attending college. There is every reason why they should. It's a Constitutionally guaranteed right, it would deter would-be gunmen seeking life and death power over others, and it would provide campuses with real first responders who could save others' lives and save their own.

One thing is certain: "gun free zones" did nothing to protect the students of Northern Illinois University last week.

SERVE CON'T FROM PAGE 1

two months to find the best insurance available for all participants."

Along with their positive progress, the SERVE program has become more and more supported by the University. Last year, a total of $14,000 was donated to the program by Dr. Kirk and split between all the trips. For the last four years, the Student Government Union has also donated $5,000 to the SERVE program, which has also been divided accordingly.

The program is also a good opportunity to get involved.

"It gives students opportunities to not only serve, but to also take on leadership roles they may not have been able to before," Kubasek said. "Although we work within the guidelines of the SERVE committee, there still is a lot of freedom in what the students can do."

Sophmore Jenniffer Duffey agrees.

"This program allows students to reach outside their comfort zone and make a difference to others," she said.

Duffey attended the Florida Keys Environmental trip last spring break, and this year she has become trip leader. Duffey is a firm believer in giving back to the environment.

"Service doesn't always have to be directed towards people," she said. "Nature is just as important and people recognize and appreciate it just as much."

Additionally, participating in the SERVE program provides many personal opportunities as well.

"Students can build relationships with other students, faculty, and staff they may not have known otherwise," Kubasek said. "These trips also build character because of everything the students are sacrificing. Using their time and money to go and help people is definitely a rewarding experience."

For more information on the SERVE program, visit *serve.saintleo.edu*, or contact Stephen Kubasek at *stephen.kubasek@saintleo.edu*.

Lent begins this February

BY AMANDA CAIN
Lions' Pride Staff Writer

The sacred season of Lent started on Ash Wednesday, February 6, 2008.

The season of Lent is a special time of prayer, penance, sacrifice, and good works that occurs every year from February into March. Lent lasts for 40 days, or seven weeks. The word "Lent" itself is derived from the Anglo-Saxon words *Lencten*, meaning "Spring," and *Lenctentid*, which literally translates into "Springtime" and "March," the month in which the majority of Lent falls.

The 40-day season is used as preparation for the death and resurrection of Jesus Christ on Easter Sunday. Ash Wednesday is always the seventh Wednesday before Easter Sunday, according to crivoice.org. On this day, Roman Catholics traditionally apply an ashen cross to their foreheads as a symbolic reminder that they were born of dust and much of what they do, and are, will one day return to dust.

Palm Sunday falls on the sixth Sunday of Lent and represents the beginning of Holy Week. According to Newadvent.org, this is a day of both immense celebration and great mourning. Palm Sunday is the day when Jesus entered Jerusalem welcomed by thousands of rejoicing followers who scattered palms in His path. To celebrate Palm Sunday, many create and wear crosses made from palm leaves.

The week between Palm Sunday and Easter Sunday is known as Holy Week, or the week of Jesus' Passion during his agonizing journey to the cross. Thursday of this week is known as Maundy, or Holy, Thursday. A number of events are commemorated on this Thursday, including the last meal, the institution of Eucharist or Communion, and the betrayal of Judas, according to Newadvent.org. With God's help, Christians can try to envision what it was like for his followers to watch their savior be arrested, lashed, humiliated, stripped naked, crowned with thorns, and nailed to a wooden cross.

On Good Friday, the church remembers Jesus' arrest, His trial, crucifixion, death, and burial. Services held on this day are usually done without Communion. In some churches, all statues, pictures, and crosses are covered in black to symbolize mourning.

It is on Holy Saturday that Jesus rested in His tomb. To represent this, Saturday is the day of quiet reflection and waiting. It is a time for Christians to remember family and the faithful who have died as they await the resurrection. Easter Sunday, March 23, concludes the season of Lent. This is the day when Christians celebrate the resurrection of the Lord Jesus Christ.

FAFSA Returns

BY KRISTIN BRITTAIN
Lions' Pride Editor in Cheif

That time of year is here again, so dig out those 2007 tax forms and get online to fill out the FAFSA.

The *Free Application for Federal Student Aid,* more commonly known as FAFSA, is an annual application that allows students to qualify for financial aid, whether it is merit, state, or federal based aid.

"It is the only application Saint Leo requires to receive any type of financial aid," said Demetrice Sanders, assistant director of student financial services.

Florida's Department of Education has been accepting applications since January first.

"It is very important to fill out the application before students leave for summer break. Students stand a better chance of receiving more financial aid because it is based on a first come, first serve type policy. The sooner it is done, the better," said Sanders.

Financial services encourage students to come in and talk with them.

"Come visit us frequently. We will try to help you. It is important to know and understand the charges on your account, your financial aid status, and what you're trying to cover," said Sanders.

Students are encouraged to complete the application online instead of submitting it in paper form. Within two weeks the Department of Education can view a student's application after submission. This is much faster compared to the six-to-eight week waiting period with the paper submission.

"The website is very user friendly," comments Sanders.

When completing the FAFSA, it is easier to have the documents needed out and ready. Parents' and students' social security numbers, driver license numbers, federal tax returns (including the W-2 form for yourself and spouse, or parents), pin numbers, and records of untaxed incomes is required information.

Students also have to be aware of the deadlines. Midnight, June 30, 2008 is the final deadline to submit FAFSAs.

If there are any further questions, student financial aid services is located in Saint Edwards hall, and students are urged to seek a counselor.

AMA club thrives

BY CHELSEA GRANT
Special to the Lions' Pride

The recent cutbacks in the Campus Board of Activities have left students thwarted with the lack of activities outside of the classroom. As the excitement of Muvico trips have been replaced by last year's BlockBuster hits and stale popcorn in the Selby auditorium, students search for alternate avenues to entice their social appetites. Saint Leo University's chapter of the American Marketing Association (AMA) has remained an untapped resource for those seeking to escape the lack of innovative programming on campus.

The members of Saint Leo's chapter of the AMA are in no way confined to the walls of Lewis 113. Despite what most would believe, the club is not comprised solely of business majors. The invitation to become a member is extended to students of all majors. A passion for marketing and business is the common thread among members, and it is that same passion that dares them to move beyond the classroom setting, actively pursuing new ventures on campus, in the community, and across the nation.

With such focus on improving survival skills in a cut throat business world, these students resemble the tenacious go getters of Wall Street. Their tenacity, however, has not eradicated the genuine spirit of community that Saint Leo students pride themselves in carrying. AMA sponsors holiday parties for foster children in the Dade's city area during each Christmas and Easter season.

Every year these well dressed, business savvy students display their potential in the business world by competing against more than100 other schools in the AMA's international convention in New Orleans. Holding more than 19 titles, within the past 20 years, Saint Leo continues to be recognized as a top school in marketing.

"The purpose of the AMA convention is to foster professional development and prepare students for opportunities in the international market," said Laurie Bilddeaeo, AMA club president.

Continuing its efforts towards community, AMA will be hosting a business seminar open to all students. The highly esteemed speaker, Ginger Reichl, of the Tampa Bay chapter of the AMA, will be sharing her personal endeavors in the business field, as well as offering advice for landing the perfect internship and how to impress future employers. The seminar will begin promptly at 5 p.m. in the conference room of the Student Activities Center.

With so many promising events in the future, AMA plans to recruit new students committed to carrying on the success of the club. This organization has more to offer than just a sash at graduation.

"We're dedicated to spreading awareness of the marketing industry, keeping students up to date with the changes around us," said member Keani Warrell.

The starting the process of membership is as easy as attending weekly meetings. While the responsibilities may seem great, rest assured that as a member of the AMA the number of opportunities available are immense.

Avoid midterm stress

BY ALYSSA CLOUTIER
Lions' Pride Staff Writer

Midterms are soon approaching at Saint Leo University! Along with these dreaded tests come group studying, caffeine drinking, and late nights at the library. Without a doubt, this is a very stressful time for all students.

Fortunately for Saint Leo students, the counseling center located in deChantal Hall has tons of great information regarding how students can deal with this stress. Open Monday through Friday from 8 a.m. to 5 p.m., students are encouraged to visit the center at any time to discuss anything on their minds. There are also numerous pamphlets located directly outside of the office regarding all different kinds of issues, including stress and anxiety.

In order to deal with any stress students may be experiencing, it may first be important to understand why managing stress is so important. For example, students who may want to enjoy life a little bit more have a desire to feel or sleep better, perform better in school, or just have a better attitude about caring for themselves, may be of interest for them to consider how to manage their stress.

Stress is always going to a part of life. Some situations, like midterms, may be more stressful than others. According to the pamphlets outside of Saint Leo University's counseling office, there are a few ways this stress can be stopped.

First, it is important to recognize any signs that may prove there is too much stress. These signs may include trouble focusing, trouble sleeping, loss of appetite, headaches, or trouble getting along with other people. During midterms, it is important to get enough sleep and keep yourself healthy. Too much stress may lead to any of these symptoms, which may also affect the grades received once the tests are taken.

Students will also want to be able to manage the big and little changes that are going on in their lives. This can be as easy as making a to-do list or just having better time management skills. With all of the activities students may be involved in, thinking of when time can be allowed to study can be stressful in itself. If this happens to be the case, realize that it's okay to just say no to some people or events. By realizing that a certain amount of time will be needed to study, set aside the time needed and avoid signing up for too many extra activities.

Along with all of these tips, a simple change in attitude may be all that's needed. Staying positive and flexible is always something to be remembered.

One of the most important things to keep in mind during this semester's midterm crunch is to stay healthy. Take some time to take a swim or run.

"Depending on how stressed I am I will go for a walk. Then maybe a drive to clear my head," said Junior Timothy Mullin.

Also, a good night sleep should remain a priority. Limit alcohol intake and make sure the fridge is stocked with healthy foods. With these tips and a positive attitude, students can relax and face midterms without a problem.

Going on Spring Break? Maybe not...

Here are Spring Break tips and ideas to make the week run smooth.

BY SIMONE WILLIAMS
Lions' Pride Editor

Starting on March 10, or March 7 for some early birds, it's the time of year that multi-million dollar movies are made of.

Spring Break is just around the corner for Leo land. While some students are going back home for Spring Break, others are headed for the Dominican Republic, New Orleans, and many other exotic locations. And, since traveling is such a tedious task, it's always best to have a list of things to do to help keep everything organized. Here's a list of the top six things that cause problems for travelers even before they can begin to party:

Ticketing

After deciding where to go, it's logical that the traveler buy a ticket for whatever means of travel he plans on. If tickets haven't been purchased by now, expect prices to be a high. Shopping around almost always guarantees a lower price. Look for websites that sell tickets to students at a discounted amount. Statravel.com is a good website.

Packing/Baggage

Not many people care about the way they pack. It's usually done last minute and is one of the messier parts of travel. Packing should actually be completely done two days before the scheduled flight. This gives travelers ample time to unpack, repack, and weigh their bags if they want to because no one wants to get stuck paying that silly overweight fee. If over packed, travelers should go through everything in the suitcase(s) and divide it all into two categories: valuables and necessities. Valuables are the things that should not be taken with the traveler. For example, the old family heirloom is a valuable. Necessities are the items that absolutely must go along. For example, a toothbruch is a necessity. Travelers should note that if they must bring medication with them, they must also have a letter from their physician describing their medical condition and the prescribed medications.

The Saint Leo ID card is not a valid form of identification for travel.

Airports

Because of the tragic events that occurred on September 11, 2001, security has been upgraded at all airports. This means security check points take longer to get through. This means that travelers should arrive at least two hours before their flight is scheduled to leave to ensure ample time to deal with problems and situations that may arise. This includes the arbitrary full body pat downs security gives out. No one wants to be a hold up, so to help keep the lines moving, travelers should also try to remove all metallic jewelry, belts, and hair accessories.

Identification

The Saint Leo ID card is not a valid form of identification for travel. Travelers should make sure they have some sort of government issued ID like a birth certificate, driver's license, or passport. And, speaking of passports, travelers going out of the country should keep in mind that the passport has become a lot more important. As of January 23, 2007, all air travelers, including American citizens, are required to have a valid passport when traveling between the United States, Mexico, Canada, Central America, South America, the Caribbean, and Bermuda. Other acceptable forms of identification include the Air NEXUS card, the U.S. Coast Guard Merchant Mariner Document, or an Alien Registration Card.

Health Insurance

Get it; it's important! Getting medical attention abroad can be expensive. U.S. medical insurance is usually not accepted outside the United States. Medicare and the Medicaid programs do not provide coverage for hospital or medical costs outside the United States. So, if the situation becomes dire, a medical evacuation is in order. Travelers who get a medical evacuation from abroad back home can end up paying more than $50,000. All travelers should also familiarize themselves with the sanitation conditions of their destination. It helps to be ready for anything that could affect their health. If travelers have an insurance policy that does not cover them while abroad, then they should purchase an insurance policy designed specifically for abroad.

Information taken from http://travel.state.gov

Humanities club opens to all students

BY ASHLEE MASULLO
Lions' Pride Entertainment Editor

The Humanities Club of Saint Leo University, a club focusing on all aspects of art and creativity, has finally come about.

The club, although small right now, has the potential to become a huge success. Not only is it diverse in the art it appreciates, its leaders are especially excited to be a part of something so full of variety. Whether they're talking about music or going on field trips to art museums, the club keeps true to its diverse nature.

As the Humanities Club, one of its primary duties is to publicize and inform students about the amazing opportunities available to see, hear, or even watch art. What is beneficial about this club is students don't have to be Art majors or artists to appreciate and enjoy the many different forms associated with the humanities. They can come, be themselves, and hang out with other people who like and enjoy the same kinds of artistic things.

The Humanities Club meets on Mondays at five in the conference room of deChantal for anyone interested in attending. Students can also contact Professor Karen Bryant in room 139 of St. Edward's Hall or call her at extension 7385

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Wendy Geer
BA Saint Leo University 2005
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Saint Leo gives thanks during Student Community Center Complex dedication

BY KRISTIN BRITTAIN
Lions' Pride Editor in Chief

On Saturday, February 9, 169 donors, trustees, board members, alumni, and Saint Leo University friends gathered together for the formal dedication of the new Student Community Center Complex.

Together everyone celebrated the official dedication of the two new buildings, as well as the first ever successful completion of a comprehensive fundraiser campaign. This campaign titled, "Achieving Excellence" had an initial goal of $15 million. However, by the end of December 2007, the campaign exceeded expectations and raised $19.7 million.

The night consisted of a cocktail hour, and dinner. During the cocktail hour everyone mingled together underneath the stars in the presence of candlelight, while enjoying the beautiful music provided by the string quartet. Alumni and trustees, among many others, gathered together once again, but this time in the presence of something greater compared to the former Saint Leo campus.

An eventful dinner filled with impassioned speeches and great food followed the cocktail hour. Sedexo catering services outdid themselves with an open bar and appetizers prior to dinner, followed by a great meal.

"Universities are not made for decades; they are made for centuries."

Thomas L. Dempsey, former member of the board of trustees

photograph by Kristin Brittain

Just before dinner, guest mingle make their way through the room to find their tables.

Dennis Mullen, board of trustee chair and alumni class of '76, welcomed everyone at the commencement of dinner. At the beginning of his speech, he threw his notes away and spoke from the heart. Mullen opened with an exasperated "wow!" and thanked everyone for their contribution.

"This is the best investment ever made humanly possible…Buildings can be replaced, but this work that we are doing here cannot," said Mullen.

He then introduced Bishop Reverend Robert Lynch of the Saint Petersburg Diocese, who blessed the buildings of the Student Community Center Complex, along with student Stephen Kubasek, who read a prayer. Lynch expressed how proud he was to be here, and led the "Our Father" prayer unanimously with the crowd. Fr. Stephan Brown, director of University Ministry, said Grace before dinner was served.

After dinner, keynote addresser Thomas L. Dempsey, former member of the board of trustees, and president and chief executive officer, made his way to the podium.

Dempsey pronounced, "We can all be very proud of what we spent our money on."

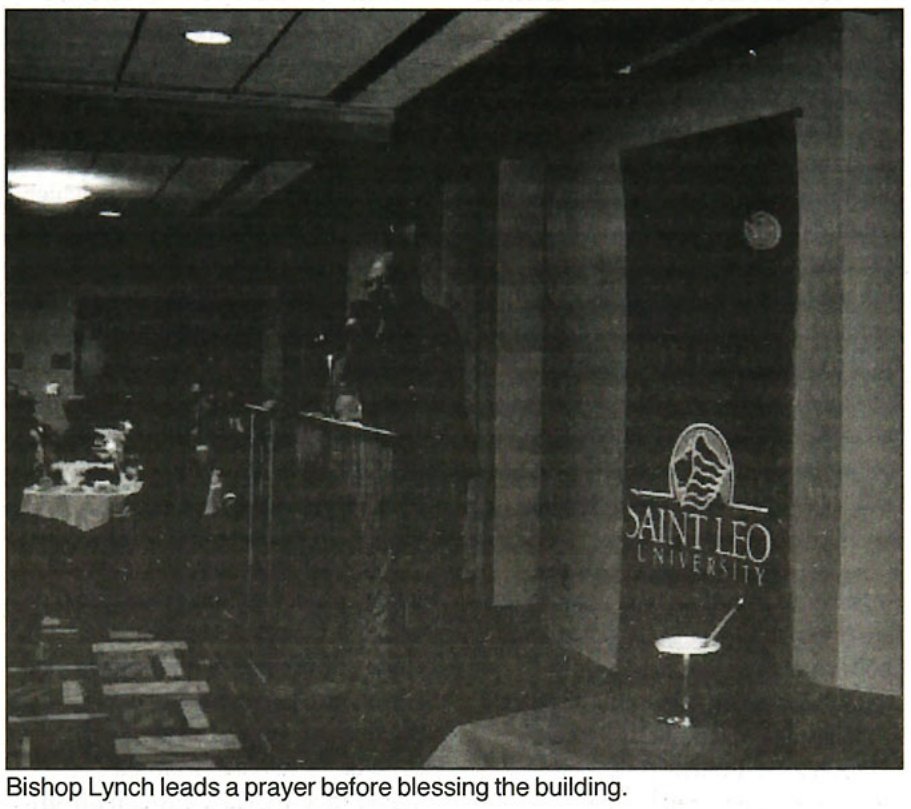
He then continued on with his speech and spoke about Saint Leo as much more than a university, but as a global enterprise. He even compared it to his resort, Saddlebrook. Dempsey then proclaimed all of Saint Leo's accomplishments over the last ten years and attributed many of them to President Arthur Kirk, Jr.

In the last ten years, Saint Leo has seen explosive growth. This year Saint Leo received 4,000 applications, and only accepted 460 new students. It has grown from just 1,200. Saint Leo University offers the largest non-profit online education there is in the country.

"Universities are not made for decades; they are made for centuries," exclaimed Dempsey.

At the end of his speech, Dempsey received a standing ovation and the podium was then turned to alumni, Janet Levic Czyszczon, a former president of the Student Government Union (SGU), class of '05.

"When I entered the campus, my eyes swelled up with tears. It's a more beautiful place, and I was speechless for the first time ever," proclaimed Czyszczon.



Bishop Lynch leads a prayer before blessing the building.

Czyszczon was the president of SGU at the time of the commencement of the "Achieving Excellence" campaign. It was her idea for SGU to pledge $50,000 dollars to be donated over a five year span. These funds were then designated to the creation of the "Lion's Leadership cage," the lobby area that adjoins the student activities offices and meeting rooms. SGU then dedicated this space to Dr. Ed Dadez, vice president for Continuing Education and Student Services, to thank him for his dedication to the students. Dr. Dadez received this honor with a great round of applause.

"This is more then a building," continued Czyszczon.

Her speech was peppered with many fond memories and personal stories of Saint Leo University. She then introduced President Dr. Arthur Kirk, Jr.

Kirk walked up to the podium to face a standing ovation. After the applause settled down, his first order of business was to thank everyone for coming, including Dempsey and Bishop Lynch. He also wanted to thank the people from the past, who paved the way for the future.

"Wow means we're on our way."

Dennis Mullen, board of trustee chair and alumni class of '76

"We stand on the shoulders of people from the past, especially the Monks, Sisters, and Fathers," Kirk said.

Kirk spoke about Saint Leo's core values. He said it was essential to have the word community in the name of these buildings.

"These facilities will be the living room, family room, home office, and dining room for our students. We will eat, party, and hang out here. We will strengthen our community in these spaces, which you made possible," continued Kirk.

Kirk again thanked everyone for coming and announced that "we are not done."

"This night is six years in the making. So many gave and sacrificed so much," said Kirk.

He then took the opportunity to single out Frank Mezzanini, vice president of business affairs. Mezzanini came up with the idea to house the dining hall in Apartment Four during construction. He saved the university an enormous amount of money and time, refereed disputes between contractors, and was the creative genius behind a lot of the process. Mezzanini also donated the alter in the Saint Jude Chapel.

Kirk ended his speech with more plans for the future.

"We're impressed by the amount of how much was already achieved from "Vision 2010" and that the centerpieces of that vision have been realized," said Kirk.

But, Saint Leo is not done. It is their strategy to invent a private not-for-profit Catholic university. Saint Leo University has achieved so much already and made many strives. In the 1800's, Saint Leo integrated when it was still illegal to do so and was one of the first universities to offer higher education online and partner with community colleges.

Mullen made the journey back to the podium following Kirk to make the closing remarks. His speech was just as impassioned as the one he opened with.

"I opened the evening with a "Wow." I'd like to tell you what that means. Wow means we're on our way, and I believe we are. I see great things for the future of Saint Leo University, and I hope you'll all stay with us for the ride. Thanks for all you do and thanks for caring about Saint Leo University."

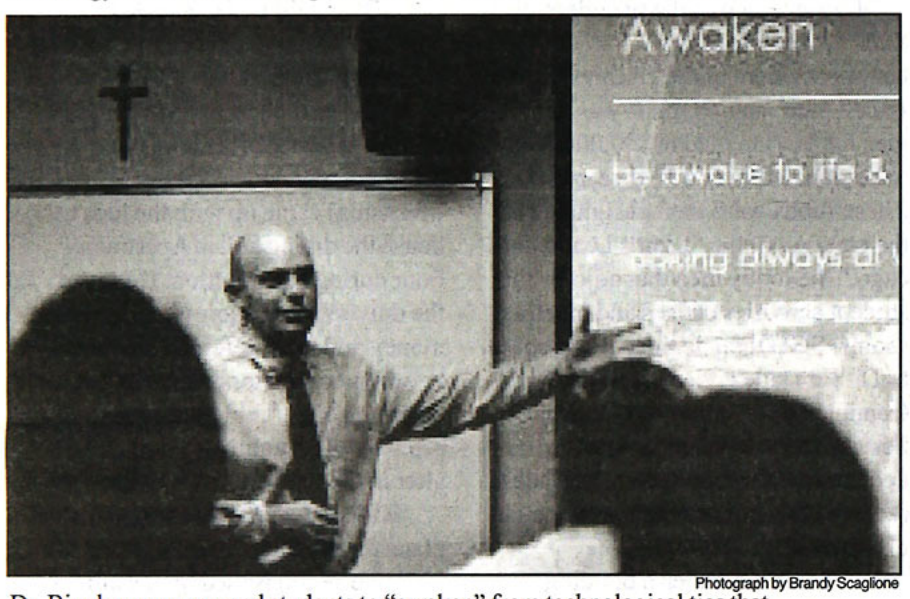
The night's events were a great way to thank those who donated and sacrificed so much for the benefit of Saint Leo University.

Thoroughly Thoreau

BY THOMAS SCAGLIONE III
Lions' Pride Staff Writer

Tired of the endless onslaught of commercials from the television, or perhaps sick of the media's twisted view of beauty and perfection? Can't remember the last time you did something against society's demanding standards? Ever wonder why the Big Mac doesn't help you to "Mack big" with the ladies like the catchy commercials imply? Well perhaps, it's time to unplug the iPods, wrap up those greasy sandwiches, and pick up more intrinsic hobbies that will stop you from becoming "a tool of your tools" as philosopher/author Henry David Thoreau would say.

Dr. Shawn Bingham, assistant professor of sociology and chair of the department of social sciences at Saint Leo University, presented a truly original discussion of the philosophies of Thoreau on the night of February 13, 2008 in St. Francis Hall. The speech was sponsored by the Sociology Club and the Religion Honor Society and started at 7 p.m.



Photograph by Brandy Scaglione
Dr. Bingham encouraged students to "awaken" from technological ties that constantly separate them from the natural world and follow in Thoreau's footsteps,

The presentation entitled "Transcending Society: Henry David Thoreau in the Era of the iPod," combined the famed transcendentalist's ideology with modern social concerns such as the raising level of consumption, the failing education system, the loss (and fear) of individualism, and the progression (or lack thereof) of society.

Intent on finding the "necessities of life" and the "natural man," Thoreau moved to Walden Pond to get away from the pressures and influences of society. It is there he wrote perhaps his most recognized social-critique novel, *Walden*, in which he describes his experiences during his two years, two months, and two days "vacation." Believing that social relationships are needed and are part of being human, he did not fully lock himself up in his cabin; he merely went away long enough to "build his armor," which would protect him from the corruptness of society, which is marketed to all of us every day.

Reminding us that "if a man does not keep pace with his companions, perhaps it is because he hears a different drummer," both Bingham and Thoreau insist upon finding the individual who sleeps inside all of us…to be "awakened from the slumber [that we walk through life in]" and to be "forever on the alert." In order to have an accurately progressive society, life can't be measured in size zero pants, extra large French fries, or busy work schedules, for in that kind of a society there is "no time reading, or nature walk." These "artist's dates" might sound a little risky, but certainly the date won't be one soon forgotten! After all, what better way is there to celebrate the magnificence of blossoming love than to appreciate the beauty found in art and the natural world?

The huge outcome of students, faculty, and staff who attended surely indicates the longing for social change and reform in today's world. While every seat was occupied and every inch of the wall lined with eager minds, it's no question that these people were drawn in by something more than the false rumors of an iPod giveaway.

Bingham, although he admitted that he was feeling under the weather, kept the presentation lively and fresh to be anything but a machine."

"In order to be truly progressive," Bingham teaches from Thoreau, "and not just 'surrounded by luxuries but still in [emotional] poverty,' culture needs to enforce lifetime learning based on peace, essentially 'finding solitude amidst noise, trouble, and hard work.'"

Bingham also noted that simple activities like unplugging the television and internet, going for long walks, both reading and writing, and taking retreats can lead to a more productive lifestyle that is both beneficial and enjoyable.

Even dating can be a chance to expand our knowledge and self-awareness by passing up the "mall and dinner" routine and instead enjoy a museum, art studio, poetry through the use of his witty, satirical attitude and current media-based examples, allowing the audience to relate the naturalist thoughts to our unique situation.

Anyone unable to experience this night of intellectual social criticism can still enjoy Bingham's unique knowledge of Henry Thoreau in his newly written book titled, *Thoreau and the Sociological Imagination*, published by Rowan and Littlefield Publishers, Inc. The book, according to the faculty and staff accomplishments section of the SLU website (December 2007), "examines the work of Henry David Thoreau in a context that challenges traditional academic boundaries between the disciplines of sociology and the humanities."

In a further effort to bring reflection-based attitude to Saint Leo students, Bingham is currently in the process of negotiating a possible "meditation cabin" to be built in close proximity to the lake. Not only will this allow students and faculty to gather their thoughts in a less intimidating atmosphere than the Abbey offers, it can further the significance and symbolism that nature naturally provides. Even Thoreau couldn't help but admire the beauty and truthfulness of a lake's reflection. For often when he gazed into the water's polished, black surface, he saw into the depths of his own soul and found truth where there was none before.

Photograph by Brandy Scaglione
Dr. Anderson reads a passage from Thoreau's journal.

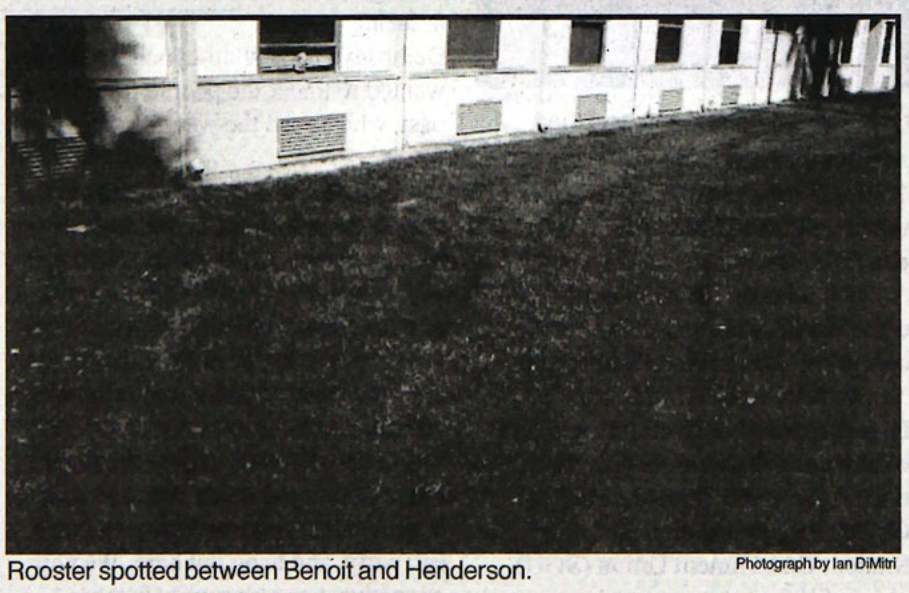
A healthy dose of poultry

BY JESSICA O'KEEFE
Lions' Pride Staff Writer

There's no need for students in Henderson and Beniot to use alarm clocks anymore. Instead, they can all be woken up by the cock-a-doodle-do of the infamous rooster.

As if Saint Leo University isn't country enough, the campus now has barnyard animals running amuck.

At the beginning of the 2008 spring semester, an anonymous student purchased a rooster and a hen from a locate for a measly $5 each. According to some students, this unique purchase was made in an ongoing effort to diversify the wildlife on campus. Unfortunately, after realizing the difficulty of maintaining such wildlife in the residence halls, this anonymous student decided to release the rooster and hen into the chaotic abyss of the Saint Leo University campus. There have been numerous reports and sightings of these creatures roaming around campus.


Photograph by Ian DiMitri
Rooster spotted between Benoit and Henderson.

"I like the chickens on campus. I mean what's the harm in having a few chickens running around. It gives everybody a good laugh," said Myron Kirchner, a resident of Henderson.

The rooster and hen are aerial creatures; unlike typical farm animals these guys take to the skies and often roost in the palms trees on campus. Students should be wary of these untamed birds; though cute, these animals are not domesticated and most likely will attack if provoked. Students should enjoy the roosters while they last, before someone wants some deep fried chicken.

Arts & Entertainment

Writers strike is effectively over

BY MICHEAL DOWDAL
Lions' Pride Staff Writer

On February 12, 2008, the writers strike, which held Hollywood hostage, finally came to an end after 14 weeks.

The ending came as a complete surprise to most in Hollywood, as it was thought the strike was nowhere near finished. Within four days, however, a tentative agreement was reached between the feuding studios and writers, and the strike was called off.

On February 8 a new deal was reached between negotiators for the writers, and on February 10, the Guilds both agreed unanimously in support of the new terms. On February 12, a vote was cast, with 92.5 percent of writers in support of ending the strike.

Writers were able to return to work the next day, and talk shows such as *The Colbert Report* and *The Daily Show with Jon Stewart* were seen parodying this, with "contracts" sitting on their desks, indicating the return of the writers.

"I'm glad it's finally over. Now I can go back to enjoying my favorite shows," said freshman John White.

Yes, it is finally time for shows to return. With so many shows affected, there are obviously many different routes and strategies for the returns of the different shows.

Not all shows will be back immediately, nor will they be in the same capacity. For most shows that were lost this spring, they will return in late summer to the fall. Popular Fox show *24* has been put on the shelf until next January, much to the chagrin of die-hard fans.

"I think it's completely bogus that I have to wait next year until *24*. But, it'll be worth the wait," said Brian James, an eagerly waiting junior.

The return of the writers also guarantees the safe passage of the 80th Annual Academy Awards, which were thought to be in danger of being limited, much like the result of the 65th Annual Golden Globe Awards.

The Golden Globe Awards ceremony was not held for fear stars would not cross the picket line, resulting in an ill-fated press conference version of the awards. This press conference scored a 4.7 in Nielsen ratings, an immense drop from the 16 points the ceremony scored the year before.

But, the studios and fans at home aren't out of the water just yet. There is still an opportunity for the strike to begin again, as the contracts have not been set in stone. Another possibility looming ahead is the Screen Actor's Guild, who will likely want terms similar to those settled upon for the writers in areas of "New Media" and DVD residuals. A possible strike action for the Director's Guild has been averted, with the Guild signing contracts before the Writer's Strike was resolved. A strike action by the CBS news writers, apparently inspired by the WGA strike, also ended earlier, as well, leaving the industry in a calmer state.

In the end, the 2007-2008 Writer's Strike lasted 100 days, falling slightly short of the 153 day-long strike in 1988. The loss to the industry, however, has been estimated to be much higher. The National Public Radio, for example, has placed the lost revenue in the billions, while Jack Kyser, a national economist, places it even higher. The 1988 strike was reported to have lost about $500 million, which shows far less of an impact on the economy than the 2007-2008 strike.

With the return of the writers, a crisis has been effectively averted from further damaging Hollywood and entertainment. Fans of TV and movies can once again watch their favorite programs and, in due time, things will once again be back to normal.

Show	Return Month
24	January 2009
30 Rock	April 2008
Battlestar Galactica	April 2008
Bones	TBD
Boston Legal	April/May 2008
Burn Notice	Summer 2008
Cane	TBD
Chuck	Fall 2008
The Closer	Summer 2008
Cold Case	March 2008
CSI	April 2008
CSI: Miami	March 2008
CSI: New York	April 2008
Desperate Houswives	April/May 2008
ER	April 2008
Grey's Anatomy	April/May 2008
Heroes	Fall 2008
House	April 2008
Law & Order	April 2008
Law & Order: CI	Spring 2008
Law & Order: SVU	April 2008
Lost	April/May 2008
My Name is Earl	April 2008
Nip/Tuck	TBD
Numbers	April 2008
The Office	April 2008
One Tree Hill	April/May 2008
Prison Break	TBD
Reaper	April/May 2008
The Riches	March 2008
Saturday Night Live	February 2008
Scrubs	April 2008
Smallville	April/May 2008
Supernatural	April/May 2008
Two and a Half Men	March 2008
Ugly Betty	April/May 2008
Without a Trace	April 2008

Universal's Disaster is anything but!

BY THOMAS SCAGLIONE III
Lions' Pride Staff Writer

The logo for Universal Studio's new ride, *Disaster!*. Photograph courtesy of www.wikipedia.org.

Enormous earthquakes, tsunami-like floods, intense fires, runaway trams, and hundreds of people running towards it all?

That was the scene at the first preview of Universal Studios Orlando's new ride *Disaster!*. Universal describes it as "A Major Motion Picture Ride…Starring You," but that is only the half of it. In fact, the audience is joined by none other than legendary Christopher Walken as he speaks directly to the audience, in which can only be said to be the most stunning visual effect in a ride since the interwoven 3-D/live action effect used in Universal's *Terminator 2: 3-D* experience.

Speaking as a lifelong fan of everything Disney theme park related, it must be said that *Disaster!* has possibly "one upped" old Walt himself. Whereas Disney's Magic Kingdom has perfected the use of animatronic characters in their rides, most notably their insertion of Johnny Depp's Jack Sparrow in their classic Pirates of the Caribbean, Universal has actually created a 3-D effect that in essence allows Christopher Walken (who's cast as Frank Kincaid, the director to the film that the riders are about to star in) to actually be at the ride and interact with the environment and with a live actor. Walken and the actor prance around the same stage (which seems to be devoid of any screens), throw items back and forth to one another, and respond to each other's dialogue with such crafty ingenuity, that the rider is forced to believe he is actually there.

Since the actual ride has barely changed since its predecessor *Earthquake!*, the actual show before the tram station catastrophe, which is meant to simulate an 8.3 earthquake and its effects, is the most intriguing.

As the riders are packed into the lobby of the attraction, the director's assistant does a quick casting call. Riders who meet the specific roles can agree to partake in the film. After all parts have been taken, the riders are guided to another room where they are informed, by Kincaid himself, of the various effects, types, and reasons behind disaster films.

After the riders are briefed and are now near experts of the field, they are transported to the filming location. It is here the actors who were picked from earlier perform. With a plethora of special effects, including green screens and foam building debris, the actors can really utilize their props in order to play the most important role of their career.

The audience then boards the ill-fated tram that awaits almost certain cinematic destruction. After the shakes and thrills that can only be understood through firsthand experience, the riders get to preview the trailer for the apocryphal film they have all starred in. The trailer includes shots of the riders during the earthquake, the "actors" in various action-packed sequences, and a collection of catastrophic events around the world. Another surprise is in store when the trailer has another famous guest star acting, through the help of special effects, hand in hand with the riders.

Disaster!, according to the Universal Studios' website, recreates the scene of the earthquake every two minutes and releases 65,000 gallons of water that is recycled every six minutes. The ride has recently opened for the public and is recommended for adults and older teens who are willing to leave behind the dull tediousness of their lives in order to experience the ride of their lives.

The "Das Schurke" shark from the *Disaster!* ride. Photograph courtesy of www.wikipedia.org.

Question of the week:

Give me food, and I will live; give me water, and I will die. What am I?

Have the answer? Have a question you want to post? Write to us! You could be in the paper! Contact us at: lions.pride@saintleo.edu

Free relaxation, live entertainment

BY BRANDY SCAGLIONE
Lions' Pride Photographer

It's a Friday night; students might not have enough cash to go out nor the energy. By 4 p.m., they are bummed about being stuck on campus. If they could just find a place to relax and still be entertained within walking distance of their dorm rooms, they could be in heaven. If this sounds eerily familiar, there is good news!

The Friday Night Live series that student activities began is a great way for students to relieve the stress of the week without even having to leave campus (or burden their wallets). Every Friday night, a different band plays an acoustic set. Finally, an event on campus for fans of rock and roll!

"We just wanted to give students another thing to do on campus," said Stan Kaszuba, assistant director for Student Activities. "Saint Leo used to have a live concert event like this a few years back. We just wanted to try and revive it."

Friday February 8, Saint Leo University welcomed Butch Ryan, a local classic rocker from Wesley Chapel. Ryan and his manager, Karen Christiansen, were very eager to play on Saint Leo's campus.

"We are both local Catholics from Wesley Chapel, and we were excited to finally see Saint Leo's campus," said Christiansen. "It is very beautiful and relaxing, a nice alternative to small bars and venues for us."

Although Ryan is more accustomed to playing with a complete band, he did not hesitate to bring an acoustic set to Saint Leo.

"I started playing when I was about 15 or 16. It was just something to do. I was into athletics, but I wasn't the 'best' football player or the 'best' baseball player, so I started a band," Ryan said. His sound is reminiscent of musicians like Bruce Springsteen and Tom Petty.

Perhaps because of Greek Week and the many various sporting events taking place that evening, the courtyard was somewhat dead that Friday night. However, student Edwin Fastnacht found time to attend.

"It's nice to sit out here, get some work done, and listen to the bands," said Fastnacht.

Hopefully, these coming Fridays will have better turnouts.

So if you're a student who's looking for a free, relaxing evening just a short walk away from your front step or commuter vehicle, check out the student center courtyard on Friday nights between 4 p.m. and 7 p.m.

For more information about Butch Ryan's music, check out www.butchryan.net. Bands interested in playing a Friday Night Live set, please contact the assistant director of Student Services, Stan Kaszuba, at stanley.kaszuba@saintleo.edu.

Jazzin' up the music scene

BY NIKIA WELLS
Special to Lions' Pride

Adele's sound is reminiscent of the sultry jazz singers of old and can be compared to that of Amy Winehouse sans the drugs, angst, and anti-rehab rebellious undertones.

The London native's debut single, "Chasing Pavements," an anthem about unrequited love, quickly became a favorite on the United Kingdom's charts and is building momentum in the United States. Her first album, *19*, is a feel good mesh of rich vocals and soothing instrumentals.

The 19-year-old lists artists such as Etta James, Carole King, and Jill Scott as some of the inspirations for her music, and her sound reflects that.

Her second single, "Hometown Glory," a tribute and nostalgic recollection of growing up in South London, has a free flowing depth to it that seems to draw the listener in. Adele's voice has an almost mesmerizing quality to it that is both reminiscent and refreshing at the same time.

If you enjoy the vocal style of Amy Winehouse, or simply optimistic and meaningful songs about life, then Adele will be a good artist to listen out for.

The official movie poster for the movie *Cloverfield*.
Photograph courtesy of www.cloverfieldmovie.com.

Cloverfield's massive attack on box office is no joke

BY ASHLEE MASULLO
Lions' Pride Entertainment Editor

On January 18, 2008 the grosses of other movies were smashed to smithereens by a new beast in America.

This beast, known only as Cloverfield, left audiences staring in shock at movie screens across the country. This PG-13 sci-fi thriller took out all movies in its path, making it the largest grossing movie for the month of January in all time.

Now, some may say that it's just like the average Godzilla-like movie, with the gigantic inhuman creature that destroys New York City in a devastating fashion.

However, the drama in *Cloverfield* and the emotional turmoil of the characters sets it apart from the rest. Whether this makes the movie better than its predecessors is entirely up for interpretation.

Yet, although the plot did drag at some parts, it was an overall suspenseful drama that left moviegoers with their hands over theirs mouths, stifling their yelling the whole time.

Although the point of this movie is pretty obvious, the movie is worth watching just for its dramatic mystery. The 85-minute movie is still in theatres, with an anticipated DVD release either in April or June of this year.

For those who enjoy it, a sequel is in the works sometime soon.

Calendar of Events for February 2008

Medieval Times Dinner Show
Date: Saturday, February 23
Info: Sign ups in the CAB office starting on February 11th
Price: $5 deposit is required at Sign-Ups

X-Treme Air
Date: February 25
Info: TBA

Marcus Engel "In the Blink of an Eye"
Date: Monday, March 3 at 7pm
Where: Student Community Center Board room
Price: Free

Day of the Dead
Date: March 4, all day
Info: TBA

"Let's talk about it" Date Rape/ Sexual assault program
Date: Wednesday, March 5
When: In the Student Community Center Board room following SGU Senate
Price: Free

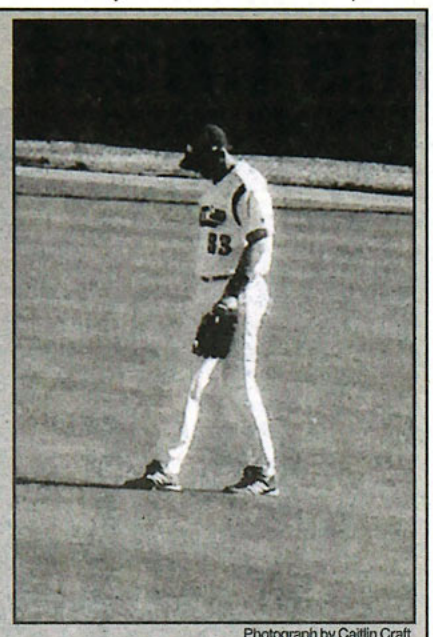
Pasco County Fair
Date: February 18-24
Where: Pasco County!

Check back for more dates in the next issue!

Sports

Tabares works to set the true example of a professional Lions' team

BY AMANDA CAIN
Lions' Pride Staff Writer



Photograph by Caitlin Craft

Yunior Tabares takes his place in right field in a home game against West Florida, which Leo won 24-12.

Transferring to Saint Leo University from Hillsborough Community College (HCC) after his sophomore year, Senior Yunior Tabares has had a strong start to this year's baseball season.

Tabares was born July 15, 1985 in Cuba, later moving to Tampa. He started playing baseball when he was 8 years old, giving credit to his grandfather for his initial interest in the sport. Tabares attended Jefferson High School and then attended, and played ball, at HCC for two years. In 2005, he was awarded Most Improved Player, and in 2006, he earned the honor of Defensive Player of the Year and Defensive Player of the Conference.

Tabares is majoring in international business and hopes to play in the major leagues after graduation. Besides the baseball team's past winning records, what he originally found appealing about Saint Leo was the small class size and the opportunity to develop relationships with professors on a more one-to-one basis.

"What makes Saint Leo different from other schools is that here, you don't just feel like another number; people actually recognize and know you on a personal level," said Taberes.

What is most exciting to Tabares this year is the 2008 SLU baseball team's (3-3) ability to hit the ball and play well offensively.

"Hitting is definitely one of my favorite parts of the game. It's great when you know you can rely on your teammates for a good offensive game," said Tabares.

The thing he likes most about the team is the diversity. The fact that the team is comprised of players from all different backgrounds makes this year an interesting and exciting one.

"Baseball is a fun sport; it's nice to be able to step onto the field and leave everything else in the stands. When I play baseball, I can forget about all of my other problems and issues and just focus on the game," said Taberes.

So far in the season, Tabares has been consistent and strong offensively. In the team's double header against Florida Tech University on Saturday, February 2, he went a combined 3-for-6 with a home run. Against Lynn University and Nova Southeastern, Tabares went 1-for-4 in both games.

"Yunior is a true professional in every aspect on and off the field. He loves the sport, is a total team player, and works hard at everything he does. Yunior is the total package, a great player, and an awesome kid. If others would follow his example, we would have no problems whatsoever," commented baseball Head Coach Ricky Ware.

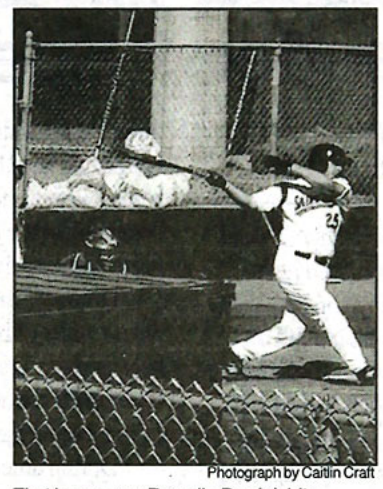
Play Ball: Lion's start 1-2 opening weekend

BY AMANDA CAIN
Lions' Pride Staff Writer

With the 2008 baseball season well underway, the Lion's look forward to a challenging season with a new team and a fresh attitude.

Head Coach Ricky Ware considers this year's team to be fairly young in terms of experience. With a mix of fifteen new players from all ages and backgrounds, Coach Ware is optimistic that the team's dynamic will prove to be an interesting but successful one. The Lion's offense this year should be stronger than years before which will be needed against the team's tough schedule.

"We have 30 home games and 26 away games so the ratio is pretty even; however, eleven out of the first twelve games are regional games so the pressure to win will be on the team from the start," said Coach Ware.



Photograph by Caitlin Craft

First basemen, Brandin Daniel, hits two homers against West Florida.

The foremost goal for Ware is, of course, to finish number one in the conference, or at least in the top three. The two teams who pose the biggest competition forecasted for this season is Florida Southern, who the Lion's will face for the first time of the season on March 25, and the University of Tampa, game held on April 18.

In the opening game of the 2008 season, the Saint Leo baseball team lost to Florida Tech 6-0 on Friday, February 1, on home turf at Thomas Southard Stadium. Florida Tech started Sophomore left-hander, Jonathan Cornelius, on the mound as he finished the game with 7.0 innings of shutout pitching, allowing one hit and striking out 11. The Lion's only hit of the night, a single by Junior Kyle Hobbs, came in the sixth inning.

The next day, the Lions faced the Panthers twice again in a double header on Saturday, February 2, 2008. The games were split with Saint Leo winning their first game of the season 4-1 and losing the nightcap by a close two runs, 8-6. Junior T.J. Alonzo for the Lions went a combined 4-for-7 on the afternoon with 3 RBIs, and a pair of home runs; right fielder Yunior Tabares went a combined 3-for-6 with a homer. Senior Carter Clements of the Lions was the starting pitcher for the first game, throwing 6.0 innings with six strike outs and no earned runs. Senior Matt Smith successfully closed the door in the ninth inning of the first game.

Over the weekend, Coach Ware used three different lineups in hopes of giving everyone a chance on the field. He expects that within the next few games, a true starting lineup will begin to develop leading to more consistent and solid play.

"The first couple of games are always tentative in terms how the team will perform. Hopefully, as we advance into the season, we will learn to play better as a unit," reflected Coach Ware on the opening weekend play.

In the next couple of weeks, the Saint Leo University baseball team will continue on to play Eckerd, Lynn University, Barry, Nova Southeastern, West Florida and Palm Beach Atlantic. Take the time to show support for this year's team throughout the season at www.saintleolions.com.

You Go Girl!

Betsy Nagelsen McCormick Photograph by Amanda Cain

Guest Speaker Betsy Nagelsen McCormick helped the Saint Leo Athletic Department celebrate and honor females in sports at the 15th National Women in Sports Banquet on Thursday, February 7, 2008. Nagelsen McCormick was presented with the Achievement Award thanks to her outstanding accomplishments both on and off the court during her tennis career. The lessons learned and morals developed in the lives of female athletes were highly stressed by Nagelsen McCormick. Senior soccer player Ginger Davenport received the Elaine Evans Spirit of Saint Leo Award for her contributions to the community and her commitment to the true spirit of the core values of the University. The National Girls and Women in Sports Day (NGWSD) was established by the U.S. Congress in 1986 as a means of honoring female athletic achievement. NGWSD is observed in all 50 states with award ceremonies and activities in hopes people will recognize the importance of fitness and sports participation in the lives of all girls and women.

Ginger Davenport Photograph by Amanda Cain

Sports

Saint Leo mascot at his finest

Cheerleader

Spectator

Photograph by Caitlin Craft

Dancer

BY CAITLIN CRAFT
Lions' Pride Sports Editor

Athletic sources report that Assistant Coach Ryszard Gorski was seen just before men's basketball took on University of Tampa with a very peculiar outfit on.

For those students who are looking for the latest fashion tips, Coach Gorski was sporting them. He was modeling a very long hairy train and some interesting head gear, complete with a beautiful mane.

Coach Gorski made his appearance during the warm-ups before the men's game, as the Lion mascot. Gorski insisted on strutting his stuff to intimidate Tampa. His purple head band was sure soaking up some sweat as he stretched before the beginning of the game and then tookchis place with the cheerleaders.

However, the SLU mascot obviously did not practice his cheers clearly enough, because he was struggling to keep up with cheerleaders. But, this did not stop him from pleasing the crowd.

During timeouts he made the cheerleaders stunts more enjoyable than usual by busting a move or two. At one point students observed the Lion's wild side as he walked it out to the two step.

Gorski even participated in the half-time show and caroused with the cheerleaders as they performed their ever popular routine.

When Gorski signed to be the men's assistant coach in August of 2006, he probably did not know that it entailed a tail of his own and some dance lessons. On the other hand, the proud Lion competitor pleased the crowd and made the game a little more interesting. Special thanks goes out to Gorski for being a good sport and a not so good dancer, but the fans can overlook it as longs as he promises to practice a little beforehand.

Drink up, with less calories

CAITLIN CRAFT
Lions' Pride Sports Editor

Propel can keep you propelled, PowerAde has enough power, and Gatorade is an aid on the field, but what do these beverages do for athletes off the field?

Gatorade 2 (G2) is a low calorie electrolyte drink for the time spent off the field. Gatorade introduced G2, a sports drink with fewer calories. G2 is hitting store shelves in an effort to give sports drinkers the same taste in their thirst quencher as before.

G2 contains only 100 calories in a 32oz. bottle, and 25 calories in an 8oz. bottle, which is the same as the calorie intake Propel has. As of right now, there are only three flavors, Fruit Punch, Orange, and Grape. G2 is not as sweet tasting as its older brother because of its low calorie count.

According to Gatorade, they designed G2 with the intentions of athletes drinking Gatorade as much off the field as they do on. The most important components of Gatorade are still present within this new found beverage, the same amount of electrolytes and flavor is offered.

According to Gatorade, 50-70 percentof athletes show up for play without having adequate hydration. Gatorade hopes that with their name still on the label that athletes would pick up a bottle whenever they aren't competing.

Considering a Career in Physical Therapy?

The President and Faculty of the University of St. Augustine cordially invite you to attend an Information Session to learn more about a Physical Therapy distance-learning program in Boca Raton, Florida. This program will enable you to earn a Doctor of Physical Therapy (DPT) degree by taking online coursework and attending clinical sessions in Boca Raton two weekends or less per month. If you have earned or are currently completing a bachelor's degree and want to pursue a career in physical therapy, come learn about the convenience and flexibility of distance learning while continuing your present employment.

Thursday, March 13, 2008
7:00 pm to 9:00 pm
Check-in begins at 6:30
Embassy Suites Tampa
3705 Spectrum Boulevard
Tampa, FL 33612

UNIVERSITY OF ST. AUGUSTINE
FOR HEALTH SCIENCES

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